



## Freestyle Season 2026:

**ALL REGISTRATION & PAYMENTS ARE ONLINE THROUGH OUR WEBSITE  
NO CASH OR CHECKS**

**REGISTRATION WON'T OPEN TILL MARCH 3RD**

**Website: [www.TracyWrestling.net](http://www.TracyWrestling.net)**

**ADVANCED: MON, TUE and THURS 6:30 – 8pm Start date: Tuesday March 17th**

**BEGINNER: Tues & Thurs 6:30pm – 7:30pm Start date: Tuesday March 17th**

**REGISTRATION FEE: one-time payment: \$150**

**ALL WRESTLERS and COACHES Must SHOW THEIR CURRENT USA WRESTLING card or Coaches card.  
BEFORE THEY ARE ALLOWED to practice or coach for insurance purposes.**

**PLEASE make sure ALL wrestlers & Coaches are affiliated with [Tracy Wrestling Club](http://TracyWrestlingClub), this is done in USAMembership.com**

**OUR Clothing STORE WILL OPEN March 3<sup>rd</sup>, 2026 – March 24<sup>th</sup>, 2026 (WATCH social media and GroupMe)  
see GroupMe QR Code below**

**If you have pictures, you would like TWC to post please place them on GroupMe feed after a Tournament  
The poster will be fair & impartial. Group pictures are preferred, so we include more wrestlers.**

### General Information for Wrestling parents and wrestlers:

1. Come to ALL practices, you can't learn if you're not there.
2. Don't walk on mats in street shoes.
3. Bring water and Wrestling Shoes.
4. Sometimes USA Tournaments require your wrestler to wear head gear.
5. Tournaments are good for kids to get wrestling experience and gain confidence.  
**ADVANCED WRESTLERS should go to all tournaments.** (Talk to your coach)
6. After a tournament, wipe down or wash your shoes before the next practice
7. TWC communication: Head Coach is Paul Healy -Please ask Coach Paul 1st
  - a. SPEAK TO A COACH
  - b. Facebook: Tracy Wrestling Club
  - c. Instagram: TracyWrestling
  - d. GroupMe: join With the QR Code
  - e. [www.TracyWrestling.net](http://www.TracyWrestling.net) emails (emails are not checked regularly) Or speak to a coach.  
**Preferred Payment: Venmo @tracywrestlingclub or CARD (we use square)**



Scan QR Code for payment

**Please be aware this is a non-profit, this means  
everyone who helps is a volunteer.**

**TWC Freestyle 2026**



Scan the QR code to join the group

**Also note that in being non-profit, there will be **NO REFUNDS** returned if your child stops wrestling with us  
for any reason.**



**WRESTLING**



@calusawrestling

Follow us & Tag us

"Once you've wrestled, everything else is easy."

\*Dan Gable, Olympic Gold Medalist and two-time NCAA Champion

## San Joaquin Wrestling Association

San Joaquin Wrestling Association SJWA covers Stockton, Tracy, Modesto, Oakdale, Turlock, Atwater, Merced, Los Banos and surrounding areas.

Association Contacts: Paul Bristow Phone: 209-358-5538, pbristow21@hotmail.com

**Saturday March 21st, 2026**  
Livingston High School  
1617 Main St  
Livingston Ca 95334

**Saturday April 4th, 2026**  
Edison High School  
100 MLK BLVD  
Stockton Ca 95204

**Saturday April 11th, 2026**  
Denair High School  
3431 Lester Rd  
Denair Ca 95316

**Saturday April 25th, 2026**  
Beyer High School  
1717 Sylvan Ave  
Modesto Ca 95355

**Saturday May 2nd, 2026**  
Atwater High School  
2201 Fruitland Ave  
Atwater Ca 95301

**Saturday May 9th, 2026**  
Turlock High School  
1600 E Canal Dr  
Turlock Ca 95380

**Saturday May 23rd, 2026**  
SJWA Freeco Championships  
Manteca High School  
450 E Yosemite Ave  
Manteca Ca 95336

### Registration Fees:

Pre reg \$25 for 1 Style (Freestyle or Greco) \$10 for 2nd style  
Onite \$30 for 1 style \$15 for 2nd style  
All registration is online at USAB-racketing.com  
SJWA is a cashless organization

## **Preview of Take Down Store:**

Will be open March 3<sup>rd</sup> – March 24<sup>th</sup> (Can open the store with a day's notice)

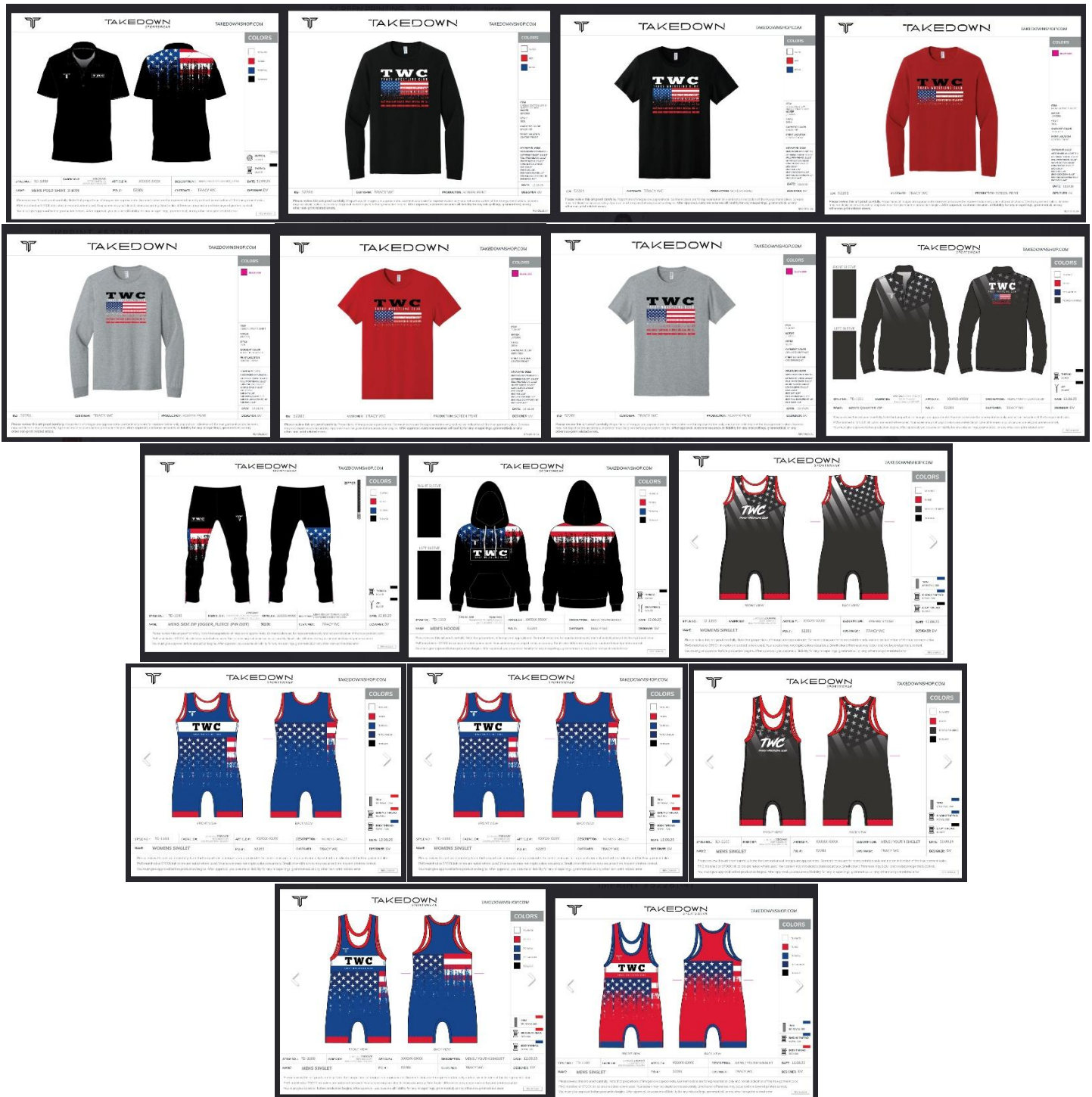
Shipping will be for individual customers not bulk to coach. Link will be on website, GroupMe, IG & FB

Turn around time is 3 weeks or less, more time for personalized singlets.

Production does NOT start till the store closes. These are all youth and adult sizing.

Singlets have 2 options: 1<sup>st</sup> regular singlet 2<sup>nd</sup> personalized singlets (this will take extra cost & processing time)

For personalization look for the name drop menu (for singlets only)



**Year-round store:**

This is already set up

Would like to not put it out until after the Take Down Shop is done.

It will be open always at NO COST TO TWC.

Store Link:

<https://shop.game-one.com/california/tracy/tracy-wrestling-club>